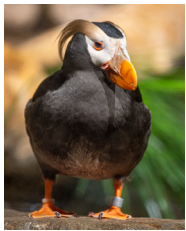


Tufted Puffins

Tufted Puffins spend months at sea, only coming to land for breeding and nesting.

Visit the Seabirds exhibit and observe the animals. What types of bird behaviors do you notice?



Juvenile puffins leave their nests at just a few months old and then spend the next two years at sea perfecting their swimming, hunting and flying skills. They return to their nesting grounds when they are two to three years old.

Explore the information panels in the Seabirds exhibit.

Based on the information you have seen, what human caused challenges do young puffins face in the open ocean?

- 1.
- 2.

Are there any actions you can take to minimize these challenges? List some actions here:

- 1.
- 2.

Self-Guided Observation Guide

GRADES 9-12



Tufted puffin
Fratercula cirrhata



Monterey
Bay
Aquarium

Conservation Connections

NAME(S):



The mission of the Monterey Bay Aquarium is to inspire conservation of the ocean. How does the Aquarium achieve this mission and what can you do to help? Find out in this booklet.

Real Cost Café

Your everyday consumer choices make a difference in the health of the ocean.



Visit the Real Cost Café, next to Monterey Bay Habitats, and order a menu item.

Write your menu selection here:

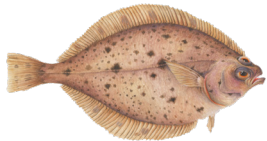
What did you learn about the seafood you selected?

Visit the website seafoodwatch.org or download the app as you leave the cafe.

Use a Seafood Watch pocket guide to indicate if the animal is a best choice, a good alternative or one to avoid. Which fish is in all three categories?



DOLPHIN FISH (MAHI MAHI)



PACIFIC SANDDAB



SHRIMP

To learn more about Seafood Watch visit the website: seafoodwatch.org

Attend an Aquarium Program

How does the Monterey Bay Aquarium fulfill its mission to inspire conservation of the ocean on a daily basis?

To answer this question, observe one of the programs listed below:

Sea Otter Feeding	10:30 a.m., 1:30 p.m., 3:30 p.m.
Albatross Encounter	1:30 pm (Monday, Thursday, Friday, Saturday)
Kelp Forest Feeding Auditorium Program	12:30 p.m. Times listed outside Auditorium

Which program did you observe?

What conservation message(s) did you hear?

List an action that you will take to protect the ocean and marine ecosystems:



Why did you choose this action? How will you share what you learned today with others?